

HI EVERYONE!

The National Day of Prayer got me thinking about ways we could help you as a family grow in prayer. So, I did some research and came up with these tips for you guys.

1) Use prayers from the Bible.

- Pray the Lord's Prayer (Matthew 6:9-13).
- Pray a specific Scripture – use the words of a verse to form your prayer. Choose favorite verses or ones your children memorized -- just make sure to include Scripture!

2) Encourage your child to pray aloud. Children may be shy because they don't know what to say or what to do. So, walk them through what to say or do!

3) Lead by example. Your children will always be watching you. Find quiet time to pray alone. Lead the family in prayer. Show them what it is like to pray at the table, on your knees, as you work.

4) Give your child ideas on what to pray. Pray for yourselves and others. Confess sin. Praise God for who He is and thank Him for what He has done.

5) Assure your child he/she can talk to God.

- Nothing is too big or too small.
- God listens to EVERY prayer.
- Children may think it is weird talking to no one. Explain God is there.

6) Give your child credit. Children pick up on things more easily than what we think they will. Set a good foundation at an earlier age, to get the habits started now. And listen – they just may teach you something!

7) Teach your child the importance of prayer. Talking to God is being respectful and listening to Him as He listens to us. It's not a time to just goof off and joke around – though remember God's sense of humor.

Find more great ideas as these SOURCES I used in this article:

whatchristianswanttoknow.com/teaching-children-about-prayer-8-tips-for-parents/

childrensministry.com/teaching-kids-pray/

betterbibleteachers.com/2018/10/how-to-teach-kids-to-pray/

hproverbs31mentor.com/teach-your-children-how-to-pray/